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*Calls cost 7 pence per minute plus your phone company's access charge

GUIDELINES FOR CLINICAL EXAMINATION - COVID 19

Cardiff Sports Orthopaedics are fully committed to safeguarding the health and safety of all their patients/claimants.

During each examination, consultants will be adhering to the following guidelines –

- Maintain a safe distance of at least 2 metres during consultation – except during physical examination.
- Furniture within the examination room will be sanitised before and after each consultation.

Patients/claimants must adhere to the following:

- Attend the appointment alone – unless a chaperone is needed e.g. children under the age of 18 or patients/clients with severe mobility issues.
- If you need a chaperone, please travel only with members of your household.
- Do not attend the clinic until your appointment time – no more than 5 minutes beforehand. Please wait in your car if you are early.
- Use the hand sanitiser before entering the consultation room.
- Wear a face covering, e.g. mask, if possible.

Patients/claimants must not attend the appointment if –

- You are over the age of 70 – government guidelines state that these individuals should be self-isolating.
- You have a significant past medical history such as diabetes.
- You have a current medical condition and have been advised to self-isolate or live with someone who has been advised to self-isolate.
- You or a member of your household have any symptoms of COVID19 i.e. fever, high temperature, new/continuous cough, loss of sense or smell.