

Testimonial for Stuart Roy – Spire Hospital, Cardiff

Stuart replaced my left hip in 2008. This was a great success and I was very keen for him to replace my right one when, 6 years later, I needed another total hip replacement. His pleasant and confident manner and the service at the Spire made the whole experience simple and surprisingly easy to get through.

This time around my situation had complicated by having moved to live in Africa, so I had to have a totally reliable date and service to fit with flight times and business needs. No problem. Stuart and the Spire made the whole booking of the operation simple and I had confidence that everything would happen as expected.

For the first hip I was in the Spire for 5 days and thought that was a very quick process to get me back home and starting to walk again. This time I was simply astonished at how much improved the experience was because of the latest surgical and anaesthetic techniques. My operation was on the Monday afternoon and I walked out of the Spire on the Wednesday morning. I could even have left on the Tuesday if I'd wanted to.

What's more, this time around I did not need to use the morphine pump and my pain was completely controlled with just paracetamol and codeine. The latest techniques make an amazing difference to the speed of recovery. After only an hour back on the ward I was tucking into a hearty meal of the Spire's excellent food and my care was as good as I could have asked for.

I would recommend Stuart and the Spire to anybody – as would my husband, who is equally surprised by how much faster I have recovered and how much less aftercare he has had to do. Hip replacements can be very scary, but I can definitely say they are far easier to go through than you probably imagine.

Diane Timms